

Monthly Premiums (inclusive of IPT)		Level 1	Level 2	Level 3	
Solo - employee and up to four dependent children		Co Paid	£13.00	£27.73	
Dual - employee, partner and up to four dependent children		£17.77	£35.96	£65.43	
	Full Access to the My Medicash & mProve YOURSELF Apps Submit claims on the go; improve your body & mind with physical exercises, guided meditations & self-help courses; update your details; and quickly access your other benefits.	✓	✓	✓	
	Routine Dental Treatment <small>yearly maximum</small> ¹ Half of the annual limit can be claimed towards dental care plan fees	per adult per child	£110 £55	£150 £75	£200 £100
	Dental Accident & Injury <small>yearly maximum</small>	per adult	£350	£450	£550
	Optical <small>yearly maximum</small>	per adult per child	£110 £55	£150 £75	£200 £100
	Virtual GP & Prescription Service <small>unlimited access</small> ² Unlimited access to virtual GP appointments and a prescription service for any adults covered under the policy. Access this benefit via the Medicash App.	✓	✓	✓	
	Specialist Consultations <small>yearly maximum</small>	per adult per child	£200 £100	£250 £125	£350 £175
	Diagnostic Tests & Scans <small>yearly maximum</small> Including CT, MRI and PET scans	per adult per child	£250 £125	£300 £150	£400 £200
	Complementary Therapies <small>yearly maximum</small> ³ Covering physiotherapy, acupuncture, osteopathy and chiropractic assessment and treatment	per adult per child	£200 £100	£300 £150	£400 £200
	Alternative Therapies <small>yearly maximum</small> ³ Covering reflexology, reiki, Indian head massage, Bowen and Alexander technique, homeopathy, allergy testing and hypnotherapy	per adult per child	£100 £50	£150 £75	£200 £100
	Chiropody <small>yearly maximum</small> ³	per adult	£75	£100	£150
	Prescriptions, Inoculations & Flu Jabs <small>yearly maximum</small>	per adult per child	£30 £15	£40 £20	£50 £25
	Health Screening <small>yearly maximum</small> ³	per adult	£150	£175	£200
	SkinVision Check your skin spots and moles regularly for the early signs of skin cancer. Simply access via the Medicash App	per adult	✓	✓	✓
	Digital Physiotherapy by Phio Triage and tailored self-management programmes designed to optimise your recovery journey. Find out more and access via the My Medicash App	per adult	✓	✓	✓
	Best Doctors® InterConsultation™ Programme Access Best Doctors via the Medicash App or call 0345 565 1852* www.medicash.org/bestdoctors	✓	✓	✓	
	Discounted Health Club Membership Access via the Medicash App or visit www.medicash.org/gymdiscount (ref: MED)	✓	✓	✓	
	Premium Employee Assistance Programme Unlimited 24/7 telephone counselling and support; up to 8 face to face counselling sessions (employee only); plus online counselling. Access via the Medicash App, call 0345 565 1851* or visit www.medicash.org/wellness (Username: Medicash)	✓	✓	✓	
	Medicash Extras member discount scheme Access via the Medicash App or visit www.medicash.org/extras to start saving	On average users could save	£250 per year	£250 per year	£250 per year

There is no upper age limit for employees covered under the plan. Non-employees can be added to their partner's plan if under 66 at the time of joining.

FREE COVER FOR UP TO FOUR CHILDREN: Up to four dependent children can be covered at no extra cost, up to their 24th birthday if in full time education. Each child has their own individual entitlement and their claims do not affect any other individuals covered on the policy.

- 1) Medicash will only pay dental care premiums where paid for by the individual.
- 2) Children under 16 for which you have parental responsibility and are covered under your policy can access this benefit with you.
- 3) Medicash do not cover Complementary and Alternative Therapies, Chiropody or Health Screens which are arranged, paid or facilitated through your employer or by another employee.

* Calls to 03 numbers are no more expensive than calling numbers starting with 01 or 02 and are included in free call packages from landlines or mobiles.