












	CHILD COVER	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
 <b>Full Access to the 'My Medicash' App</b> Submit claims on the go, view a summary of your claims, update bank details & quickly access your other benefits		✓	✓	✓	✓
 <b>Routine Dental Treatments</b> <small>yearly maximum</small>	✓	£70	£110	£150	£200
 <b>Dental Accident and Injury</b> <small>yearly maximum</small>	X	£250	£350	£450	£550
 <b>Optical</b> <small>yearly maximum</small>	✓	£70	£110	£150	£200
 <b>Specialist Consultations, Diagnostic Tests &amp; Scans</b> <small>yearly maximum</small> Including CT, MRI and PET scans	✓	£200	£250	£300	£400
 <b>Best Doctors® InterConsultation™ Programme</b> Access Best Doctors via the My Medicash App or call 0345 565 1852*	✓	X	✓	✓	✓
 <b>Complementary Therapies</b> <small>yearly maximum</small> <sup>1</sup> Covers physiotherapy, acupuncture, osteopathy and chiropractic treatments	✓	£160	£200	£300	£400
 <b>Alternative Therapies</b> <small>yearly maximum</small> <sup>1</sup> Covers reflexology, reiki, Indian head massage, Bowen & Alexander technique, homeopathy, allergy testing and hypnotherapy	✓	£75	£100	£150	£200
 <b>Chiropody</b> <small>yearly maximum</small> <sup>1</sup>	X	£50	£75	£100	£150
 <b>Prescriptions, Inoculations and Flu Jabs</b> <small>yearly maximum</small>	✓	£20	£30	£40	£50
 <b>Health Screening</b> <small>yearly maximum</small> <sup>1</sup>	X	£100	£150	£175	£200

 **DOWNLOAD THE MY MEDICASH APP TO SUBMIT YOUR CLAIMS IN SECONDS, UPDATE YOUR DETAILS, ADD CHILDREN AND QUICKLY ACCESS ALL OF THE FOLLOWING BENEFITS OF YOUR PLAN**

 <b>SkinVision</b> Check your skin spots and moles regularly for the early signs of skin cancer. Simply access via the My Medicash App	X	✓	✓	✓	✓
 <b>Digital Physiotherapy by Phio</b> Assessment and tailored self-management programmes designed to optimise your recovery journey. Find out more and access via the My Medicash App	X	✓	✓	✓	✓
 <b>Virtual GP &amp; Prescription Service</b> <sup>2</sup> Access to virtual GP appointments and a prescription service for any adults covered under the policy. Access this benefit via the My Medicash App.	Under 16's only	✓	✓	✓	✓
 <b>mProve YOURSELF</b> Improve your body and mind with a range of wellbeing tools and advice for a happier, healthier you. Including physical exercises, guided meditations, self-help courses & more. Access via the My Medicash App		✓	✓	✓	✓
 <b>Discounted Health Club Membership</b> Access via the My Medicash App or visit <a href="http://www.medicash.org/gymdiscount">www.medicash.org/gymdiscount</a> (ref: MED)		✓	✓	✓	✓
 <b>Health &amp; Stress Related Helplines</b> Unlimited 24/7 access via the My Medicash App, call 0345 565 1851* or visit <a href="http://www.medicash.org/wellness">www.medicash.org/wellness</a> (Username: Medicash)		✓	✓	✓	✓
 <b>Medicash Extras - Member Discount Portal</b> Access via the My Medicash App or visit <a href="http://www.medicash.org/extras">www.medicash.org/extras</a> to start saving		✓	✓	✓	✓

**OPTIONAL EXTRAS**

Please check your policy schedule to see if these are included.

**Face to Face Counselling**

Up to 8 face to face counselling sessions

£100 / £200 / £250 PMI Excess Cover

**CHILDREN COVERED FOR FREE UP TO THEIR 24TH BIRTHDAY**

Up to four dependent children can be covered at no extra cost, up to their 24th birthday if in full time education. Each child can claim half of the adult entitlement for those receipted benefits ticked above. Where the extra PMI Excess Cover is selected, children are covered at the same entitlement as adults for this benefit. Each child has their own individual entitlement and their claims do not affect any other individuals covered on the policy.



<sup>1</sup> Medicash do not cover Complementary and Alternative Therapies, Chiropody or Health Screens which are arranged, paid or facilitated through your employer or by another employee.

<sup>2</sup> Children under 16 for which you have parental responsibility and are covered under your policy can access this benefit with you.

\*Calls to 03 numbers are no more expensive than calls to numbers starting with 01 to 02 and are included in free call packages from landlines and mobiles.